

# Madison Spinal Cord Injury (SCI) Group

[www.SCI-Madison.org](http://www.SCI-Madison.org)

We plan, We go, We conquer!



**Come and check out  
Madison's SCI Group  
Meetings & Events**

Almost every month we have a speaker on a SCI related topic. Get in contact with us to get the most up-to-date information or join our online group linked on our website:

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Past Events have included:

Archery at Blackhawk w/ Adaptive Sportsmen, meeting at Memorial Union Terrace for dinner or music, Concerts on the Square, Picnic at McKee farms, Birthday Party for all, eating out, potlucks, kayaking, wheelchair curling, hand biking, canoeing, & much more...

Speakers have included health professionals on personal care, pain management, and other SCI related topics.

Meetings are the 2<sup>nd</sup> Monday of the month except April 2009.

- + **2008 meetings** are 5-6:30 p.m. at Good Shepherd Lutheran Church, 5701 Raymond Rd., Madison, WI 53711
- + **2009 meetings** are 5:30-7 p.m. at Fitchburg Community Center, Stoner Prairie, 5510 Lacy Rd, Fitchburg WI 53711
- + **2009 Dates-** Jan 12, Feb 9, Mar 9, Thu, Apr 16, May 11, Jun 8, Jul 13, Aug 10, Sep 14, Oct 12, Nov 9, Dec 14.

Topics are confirmed one month prior.

Do you have ideas? Come and bring them with you!

**Spouses, family members, & caregivers are welcome!**

Questions? Contact Monica KamalRossa at 608-288-0340 or email [Monica@SCI-Madison.org](mailto:Monica@SCI-Madison.org)



Want to participate in the SCI-Madison online group?  
To subscribe send an email to: [SCI-Madison-subscribe@yahoogroups.com](mailto:SCI-Madison-subscribe@yahoogroups.com)